

Botvin *LifeSkills Training* Middle School Program GRANT APPLICATION

This grant application must be submitted using the online platform: [LST Middle School Online Application](#)

Progress is automatically saved as long as all entries are made using the same device, and the cache is not cleared.

The Center for the Study and Prevention of Violence (CSPV) is seeking schools containing grades 6-8 or 7-9 in select states to implement the [Botvin *LifeSkills Training* \(LST\) Middle School program](#). **This opportunity comes at a critical time when COVID-19 has impacted budgets and demanded the social-emotional competencies and healthy coping strategies taught within the LST program.**

Botvin *LifeSkills Training* Middle School Program Highlights

- Experimentally-proven.
- Skills to reduce stress and anxiety and increase well-being.
- Substance abuse and violence prevention.
- Guidance to integrate vaping prevention topics into relevant lessons.
- Aligns with standards for health education.
- A total of 30 45-minute class sessions spread across three grade levels (6-8 or 7-9).

Schools Receive (at no cost)

- Three years of LST curriculum materials, including student guides and teacher manuals.
- Teacher training workshops for all personnel delivering the program.
- Stipends or substitute pay reimbursement for teachers attending training workshops.
- Ongoing technical assistance, if requested (telephone, video call, email, or in-person).
- Training-of-Trainers (TOT) workshops for interested persons.
- Regional workshops to help sites design and implement effective financing and sustainability strategies.
- Feedback reports detailing implementation fidelity, successes, and recommendations.

Requirements

- School, district, or educational agency serving grades 6-8 or 7-9.
- Support by schools and teacher, with commitment to program integrity.
- Assign a “Site Coordinator” in the district to oversee the LST effort.
- Allow CSPV to monitor fidelity through lesson observations, feedback surveys, and site visits.
- Provide aggregate demographics (gender and ethnicity) of students receiving program.

No other reporting is required of grantees.

Application Materials

- This short [online application](#) (~30 minutes) describing plans for implementation and coordination. If multiple schools within your district plan to apply, please submit one application for the entire system. The participating schools forms toward the end of the application will request school-level details.
- [Participating Schools Form](#) with contact information and the proposed implementation plan for each school.
- [Letter of Commitment](#) signed by the principal of each participating school and the district superintendent.

Selection Process

- Feasibility visit to provide an overview of LST, discuss evaluation components, and implementation plans.
- Notification of eligibility based on multiple factors (e.g., commitment to fidelity and monitoring activities) as identified in the application and feasibility visit.
- Receive notification in Spring 2022 pertaining to your district grant award status.

[Middle School Grant Opportunity](#)

Deadline: February 9, 2022

For questions, contact: lstgrant@colorado.edu

Center for the Study & Prevention of Violence (CSPV)
University of Colorado Boulder | 483 UCB, Boulder, CO 80309



**Center for the Study and Prevention of Violence (CSPV)
LIFESKILLS TRAINING (LST) MIDDLE SCHOOL GRANT APPLICATION**

(Must submit using online application: [LST Middle School Online Application](#))

Contact Person: Title:
Telephone: Email:
District/Organization:
Street Address:
City: State: Zip:

In general, your school district community is classified as:

- Urban/Suburban (population center over 30,000) Rural (population center less than 30,000)

ASSESSMENT & IMPLEMENTATION PLANNING

1. Describe your district's experience, if any, implementing Botvin *LifeSkills Training* (LST).
2. Are violence and/or drug prevention programs being implemented in the targeted school(s)?
 Yes No

If yes, please list the names of the school(s), the program(s), targeted behaviors (e.g., tobacco use, violence), and the grades in which each program is taught.

If tobacco and other drug programs are currently being implemented, how will you ensure that they will not overlap with LST? How will LST be incorporated into the larger vision of drug prevention strategies in the school/district?

3. Describe the successes and challenges that your school/district/organization has experienced in implementing prevention strategies in the past.
4. What is your district's last day of school before summer break?

IMPLEMENTATION PLANS

Consider the implementation guidelines and answer the questions below for your *district's general plan* for implementation. (*School-level plans will be reported on the "LST Participating Schools Form" at the end of this application.*)

- LST must be delivered to all or nearly all students in eligible grades.
- LST should be taught in single-grade classes.
- LST instruction is best suited for class sizes of 30 or fewer students.
- LST lessons are designed to be delivered in approximately 45-minute sessions.
- Students should receive LST at least once per week, up to five times per week, for consecutive weeks.

1. How many schools in your district intend to teach the LST Middle School program?
2. In most schools, LST Middle School will be implemented in:
 grade 6 (15 sessions), with booster sessions in grades 7 (10 sessions) and 8 (5 sessions)
 grade 7 (15 sessions), with booster sessions in grades 8 (10 sessions) and 9 (5 sessions)

3. Will all students in the chosen grade levels receive the LST Middle School program (with the exception of special populations)?

Yes No (If no, please explain)

COORDINATION & TEACHER INVOLVEMENT

It is beneficial for implementation to be coordinated through a single point of contact. Please review the [LST Middle School Site Coordinator Fact Sheet](#), describing the Site Coordinator's role in program implementation.

1. Have you identified a Site Coordinator to oversee the LST Middle School implementation in your school(s)? Yes No
If yes, please provide the Site Coordinator's name, title, phone number, email address, and whether this person is a year-round employee.
2. If you have identified an LST Middle School Co-Coordinator (or assistant to the Site Coordinator) who we may contact when the Site Coordinator is unavailable, please provide their name, title, phone number, email address, and whether this person is a year-round employee.
3. Please provide the [LST Middle School Teacher Fact Sheet](#) to potential LST instructors, describing the program and their responsibilities in teaching the curriculum.
Are the classroom teachers aware that the LST Middle School program is being considered by their school?
 Yes No
4. *LST Middle School Teacher Training is two full days; teachers must attend this training and cannot train others in their schools without additional trainer certification. Online training will be an option if in-person training is not possible.* The grant offers reimbursement for substitute costs or offers a stipend for training completed during personal time.
Do you foresee any problems in ensuring that these teachers attend the training workshop?
 Yes No
If yes, please explain.
5. *CSPV will hire local consultants to observe LST classroom sessions to monitor implementation fidelity (see [LST Middle School Classroom Observer Fact Sheet](#)). Observers, who are recommended by the district, record coverage of key lesson points in the LST session. These unannounced fidelity checks will be conducted based on each LST teacher's implementation schedule.* District-level feedback will be provided by CSPV in the annual site report.
Do you foresee these observations as a problem for your teachers or schools?
 Yes No
If yes, please explain.

SUSTAINABILITY PLANNING

Small teams from each district will be asked to participate in a hands-on sustainability training, held regionally and lasting approximately 6 hours. Trainings will be interactive in nature and provide participants the opportunity to begin critical planning work in connection with a larger sustainability planning process.

1. Do you foresee any problems in attending the training? Yes No

If yes, please explain:

2. Describe the plans, if any, your district is exploring to sustain the LST program beyond the life of the grant. Please identify:
- How program leaders have analyzed and articulated how LST fits within the school's vision of student achievement and school improvement, etc..
 - The range of financing strategies and funding sources (both monetary and in-kind) program leaders envision supporting this work.
 - The various stakeholders program leaders will enlist, engage, and develop to champion this work.
3. Is there anything else you would like to share with us?

*The final page of this application is the **LST Middle School Participating Schools Form**. Each school intending to implement the LST Middle School program needs a completed "LST Middle School Participating Schools Form" that provides contact information and the proposed implementation plan.*

Note: It will not be possible to return to previously entered fields in this application after clicking to proceed below.



LST MIDDLE SCHOOL PARTICIPATING SCHOOLS FORM

There are a total of 10 LST Participating Schools Forms within this application. Please complete one form for each school that will participate in the **Middle School** Program grant, detailing school contact information, the proposed implementation plan, and the number of participants. *If more than 10 schools will be participating, complete the 10 forms within this application and [click this hyperlink](#) for additional forms.*

Note: It is not possible to return to this page after submission.

School Address and Contact Information

School Name: _____ School Structure (e.g, K-8, 7-9): _____
 Mailing Address: _____ City: _____ State: _____ Zip: _____
 School Telephone: _____ School Fax: _____ Total # Students in School: _____
 School Principal: _____ Principal Phone: _____ Principal Email: _____
 Name of School Contact (if not principal): _____ Phone of Contact (if not principal): _____
 Email of Contact (if not principal): _____ School's Designation: Urban/Suburban (> 30,000) Rural (< 30,000)

IMPLEMENTATION PLAN for School Years 2022-2023, 2023-2024, & 2024-2025:

| <i>LST is designed for either grades 6-8 or 7-9:</i> Level 1: Grade 6 Level 2: Grade 7 Level 3: Grade 8 | OR | <i>LST is designed for either grades 6-8 or 7-9:</i> Level 1: Grade 7 Level 2: Grade 8 Level 3: Grade 9 | Level 1 Begins 2022-2023 | Level 2 Begins 2023-2024* | Level 3 Begins 2024-2025* |
|--|----|--|------------------------------------|-------------------------------------|-------------------------------------|
| Grade in which the program level will be taught | | | | | |
| Subject area in which LST will be taught | | | | | |
| Scheduling rotation for chosen subject area (e.g, year-long, semesters, quarterly) | | | | | |
| Frequency of LST lessons (e.g., once per week, A/B-day, daily) | | | | | |
| Typical class size for this subject area | | | | | |
| Class length (in minutes) | | | | | |
| Are there mixed grades? (Y/N) | | | | | |
| Is a classroom available for LST? (Y/N) | | | | | |
| # of students who will receive LST | | | | | |
| Will all eligible students receive LST? (Y/N) | | | | | |
| # of instructors who will deliver LST | | | | | |
| Projected LST start date | | | | | |

**If LST is being implemented prior to 2022-2023, materials will be provided for up to and including all three grade levels throughout the project if implementation continues in those levels. If applicable, specify level(s) currently being taught: _____*

Would you like to add more schools to this application for the LST Middle School program?

Note: If no is selected, you will be taken to the end of the application and will be unable to return to add additional schools.

- YES**, I would like to add another participating school to this Middle School application.
 NO, there are no more schools to add to the LST Middle School application.

Thank you for completing the grant application for the Botvin *LifeSkills Training* Middle School Program!

We require a letter of commitment to be signed by the superintendent and school principal from each participating school to signify support for the program and intent to implement LST Middle School with fidelity and integrity to the model. Please checkmark the box(es) below to indicate the status of the letters of commitment. If you need a copy of this prepared letter, please [click this hyperlink](#) for LST Middle School Letters.

- I have obtained a signed Superintendent Letter.
- I have obtained a signed Principal Letter for each participating school.
- I am still in the process of obtaining the signed letter(s).



Application Submission Date: [mm/dd/yyyy]: _____

Upon submission, your responses to this application will be displayed and automatically sent to the grant manager. Our grant manager will be in contact to confirm receipt, assess initial eligibility, and schedule a feasibility meeting. If you have any questions, please contact the grant manager. **After submitting this application, please email the signed letter(s) to lstgrant@colorado.edu.**

Grant Manager:

M. Amanda Lain | 303-492-2134 | lstgrant@colorado.edu

SUBMIT ONLINE