

Botvin LifeSkills Training High School Program GRANT APPLICATION



This grant application must be submitted using the online platform: [LST High School Online Application](#)

Progress is automatically saved as long as all entries are made using the same device, and the cache is not cleared.

The Center for the Study and Prevention of Violence (CSPV) is seeking Colorado schools containing grade 9 to implement the [Botvin LifeSkills Training \(LST\) High School program](#). **This opportunity comes at a critical time when COVID-19 has impacted budgets and demanded social-emotional competencies and healthy coping strategies.**

Botvin LifeSkills Training High School Program Highlights

- Evidence-informed
- Skills to reduce stress and anxiety and increase well-being
- Substance abuse and violence prevention
- Guidance to integrate vaping prevention topics into relevant lessons
- Aligns with Colorado standards for health education
- 10 class sessions for 9th grade

Schools Receive (at no cost)

- One year of LST curriculum materials, including student guides and teacher manuals.
- Teacher training workshops for all personnel delivering the program.
- Stipends or substitute pay reimbursement for teachers attending training workshops.
- Ongoing technical assistance, if requested (phone, email, or in-person).
- Feedback report by CSPV detailing implementation fidelity, successes, and recommendations.
- Access to youth risk and behavior aggregated data collected through the project.

Requirements

- Agree to participate in a research study that uses a lottery to randomly assign half of the schools to implement LST in the Fall 2021 and the other half in Fall 2023.
- Implement LST with grade 9 in either Fall 2021 or Fall 2023, as determined by lottery results.
- Assist with administering in-class student surveys, regardless of implementation year.
- Assign a person (“site coordinator”) in the district to oversee the LST effort.
- Allow CSPV to monitor fidelity through lesson observations, feedback surveys, and a site visit.

Application Materials

- Brief application describing the district’s plans for implementation and coordination.
- *Participating Schools Form* with contact information and the proposed implementation plan for each school.
- *Letter of Commitment* signed by the principal of each participating school.

Selection Process

- Feasibility visit to provide an overview of LST, discuss the evaluation components, and implementation plans.
- Notification of eligibility based on multiple factors (e.g., commitment to fidelity and evaluation activities).
- Sign grant contract agreeing to implement the LST curriculum and be part of this research study.
- Receive notification in Spring 2021 if your school will receive the program in Fall 2021 or Fall 2023.

[High School Grant Opportunity - Colorado](#)

Deadline: December 20, 2020

For questions, contact:

Diane Ballard | 303-735-4164 | diane.ballard@colorado.edu

Center for the Study & Prevention of Violence (CSPV)
University of Colorado Boulder
483 UCB, Boulder, CO 80309



Center for the Study and Prevention of Violence (CSPV)
BOTVIN LIFESKILLS TRAINING (LST) HIGH SCHOOL GRANT APPLICATION
(Submit using the online application: [LST High School Online Application](#))

Date:

Contact Person: Title:

School/Organization:

Mailing Address:

City: State: Zip:

Telephone: Fax:

Email:

ASSESSMENT & IMPLEMENTATION PLANNING

1. List the middle school(s) that feed into your participating high school(s):
2. Describe your district's LST implementation experience:

Have any of your applying schools or feeder schools implemented the LST Middle School program?
 Yes No Don't Know

If yes, indicate which school(s), describe the timeframe of implementation of LST Middle School, and the reasons for discontinuing implementation, if applicable.

Have any schools in your district ever implemented the LST High School program?
 Yes No Don't Know

If yes, indicate which school(s), describe the timeframe of implementation of LST High School, and the reasons for discontinuing implementation, if applicable.

3. What other violence and drug prevention programs are being implemented in your school(s) (select from list):

IMPLEMENTATION PLANS

Consider the implementation guidelines and answer the questions below for your *district's* general plan for implementation. (*School-level* plans will be reported on the "LST Participating Schools Form" at the end of this application.)

- LST must be delivered in the fall semester.
- LST should be taught in single-grade classes only.
- LST instruction is best suited for class sizes of 30 or fewer students.
- LST lessons are designed to be delivered in 40-45 minute sessions.
- Students should receive LST at least once per week, up to five times per week, for consecutive weeks.

4. How many schools in your district intend to teach the LST program?

5. In general, your school district community is classified as:

Urban/Suburban (population center over 30,000) Rural (population center less than 30,000)

6. Will all students in the 9th grade receive the program (with the exception of special populations)?

Yes No If no, please explain:

7. Will all 9th-grade students be reached in the Fall semester? Yes No If no, please explain (e.g., quarterly rotation):

COORDINATION & TEACHER INVOLVEMENT

It is beneficial for implementation to be coordinated through a single point of contact. Please review the [LST Site Coordinator Fact Sheet](#) and provide the [LST Teacher Fact Sheet](#) to potential LST instructors, describing the program and the district's responsibilities in teaching the curriculum.

8. Have you identified a Site Coordinator to oversee LST implementation in your school(s)? Yes No
If yes, please provide the Site Coordinator's name, title/role, phone number, email address, and whether this person is a year-round employee.

9. Please identify a Co-Coordinator (or assistant to the Site Coordinator) who we may contact when the Site Coordinator is unavailable, including name, title, phone number, and email address.

10. Are the classroom teachers aware that the LST program is being considered by their school?

Yes No

11. *LST Teacher Training is one full day; teachers must attend this training and cannot train others in their schools without additional trainer certification. Online training will be an option if in-person training is not possible. (The grant offers reimbursement for substitute costs and offers a stipend for training completed during personal time.)*

Do you foresee any problems in ensuring that these teachers can be released to attend the training workshop? Yes No

If yes, please explain.

EVALUATION

12. *CSPV will hire local consultants to observe LST classroom sessions to monitor implementation fidelity (see [LST Classroom Observer Fact Sheet](#)). Observers, who are recommended by the district, record coverage of key lesson points in the LST session. These unannounced fidelity checks will be conducted based on each LST teacher's implementation schedule. District-level feedback will be provided by CSPV in the annual site report.*

Do you foresee these observations as a problem for your teachers or schools?

Yes No

If yes, please explain.

13. To ensure fairness and allow for evaluation, we will use random assignment to select which schools will implement LST in 2021 and which will implement in 2023. Schools selected for the 2023 implementation are asked to refrain from adopting LST on their own. More information about this process can be found in this [Gives and Gets document](#). *Note: schools will not be eligible for the programming if they select "no" to any of the below questions. We welcome your questions on what the above means in practice: contact Diane Ballard (303-735-4164, diane.ballard@colorado.edu).*

Does your district understand and agree to participate in this process?

Yes No

If selected for 2023 implementation, does your district agree to refrain from adopting LST in advance?
 Yes No

14. As part of the evaluation, CSPV will administer in-class surveys in all schools through an online platform to measure student outcomes. The survey will be similar to the Healthy Kids Colorado Survey, and administration will be carried out by the University of Colorado's School of Public Health Survey Team. The in-class online surveys will be administered in all participating schools (regardless of implementation start year) to 9th graders in September 2021 and December 2021; to 10th graders in September 2022; and to 11th graders in September 2023.

Do all applying schools agree to participate in the in-class student surveys (administered online)?
 Yes No

15. Please briefly describe the process for obtaining approval of research studies in your district. Include individuals or entities who need to formally approve a potential evaluation of LST (e.g., superintendent, school board, teacher's union, etc.).

16. Is there anything else you would like to share with us?

*The final page of this application is the **LST Participating Schools Form**. Each school intending to implement the LST High School program needs a completed "LST Participating Schools Form" that provides contact information and the proposed implementation plan.*

Thank you for completing the grant application for the Botvin LifeSkills Training High School program!

We require a letter of commitment to be signed by the school principal(s) to signify support for the program and intent to implement LST with fidelity and integrity to the model. Please checkmark the box(es) below to indicate the status of the letter(s) of commitment. If you need this form, please [click this hyperlink](#) or email the grant manager.

- I have obtained a signed Principal Letter for each participating school.
- I am still in the process of obtaining the signed letter(s).
- I do not have this letter and will [click this hyperlink](#) or reach out to the grant manager.

Upon submission, your responses to this application will be displayed and automatically sent to the grant manager. Our grant manager will be in contact to confirm receipt, assess initial eligibility, and schedule a feasibility meeting. If you have any questions, please contact the grant manager. **After submitting this application, please email the signed principal letter(s) to [Diane Ballard](#) at diane.ballard@colorado.edu.**

Grant Manager:

Diane Ballard | 303-735-4164 | diane.ballard@colorado.edu



LST PARTICIPATING SCHOOLS FORM

Please complete one form for each school that will participate in this grant. *If more than 10 schools will be participating, please complete the 10 forms within this application and [click this hyperlink](#) or contact Diane Ballard (diane.ballard@colorado.edu) for additional forms.*

Note: It is not possible to return to this page after submission.

School Address and Contact Information

Enter N/A if the field does not apply.

School Name: _____ School Structure (e.g, 7-12, 9-12): _____

Mailing Address: _____ City: _____ State: _____ Zip: _____

School Telephone: _____ School Fax: _____ Total # 9th Graders in School: _____

School Principal: _____ Principal Phone: _____ Principal Email: _____

Name of School Contact (if not principal): _____ Phone of Contact (if not principal): _____

Email of Contact (if not principal): _____

School's Locale: Urban/Suburban (population center over 30,000)
 Rural (population center less than 30,000)

IMPLEMENTATION PLAN for School:

Subject area in which LST will be taught	
Typical class size for this subject area	
Class length (in minutes)	
Is a classroom available for LST? (Y/N)	
Will all 9 th graders receive LST in the Fall semester? (Y/N)	
# of 9 th graders who will receive LST	
Are there mixed grades? (Y/N)	
# of instructors who will deliver LST	

Would you like to add more schools to this application?

Note: If no is selected, you will be taken to the end of the application and will be unable to return to add additional schools.

- Yes, I would like to add another participating school to this application.
 No, there are no more schools to add to this application.

For questions, contact:

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